

THE TALON TIMES NEWSLETTER



A tailgate experience like none other! On September 21, 2023 the Eagle family partied hard at our Back to School Night tailgate extravaganza!

Teaming Up for Excellence

Greetings Eagle Families,

We are just beaming with pride and joy as we enter our sixth week of the 23-24 school year! We are teaming up for excellence and together, our team will accomplish great things!

We are in the thick of beginning of the year testing and gathering data to ensure our instructional path is data driven and clear for every scholar, PK- 5. As the rigor increases and scholars are challenged, know that's where major learning is happening and scholars are growing! As a reminder, school starts promptly at 9:30am. Please do all that you can to ensure that scholars are here everyday, all day and on time.

In partnership,

Dr. Julia James,
Principal

HERE'S WHAT'S UP:

1- TEAMING UP FOR EXCELLENCE

2 - RED RIBBON WEEK

2- FAMILY ENGAGEMENT
UPDATE

3- NAT'L WALK TO SCHOOL
DAY

4- ANTI BULLYING

5- SPIRIT WEEK

6- IMPORTANT DATES

7- HEALTH CORNER



WHAT IS RED RIBBON WEEK?

RED RIBBON WEEK IS AN ALCOHOL, TOBACCO, AND OTHER DRUG AND VIOLENCE PREVENTION AWARENESS CAMPAIGN OBSERVED ANNUALLY IN OCTOBER IN THE UNITED STATES.



James Monroe Elementary School Red Ribbon Week (10/23-10/27)

**Monday**

Pink Out Day!
Wear pink for breast cancer awareness.

**Tuesday**

"Keep Your Head in the Game and Say NO to Drugs!"

Wear a Hat or Headband!

Wednesday

"Love Yourself and Say NO to Drugs!"

Wear Red!

Thursday

"Our Future is Bright When We Say NO to Drugs!"

Wear Neon Colors and Sunglasses!

Friday

"Saying NO to Drugs Promotes Good Character!"

Dress Up as Your Favorite Book Character!

Trunk or Treat



Family Engagement Updates:

Help Your Favorite School Win \$10,000!

Nominate a Hampton Roads elementary, middle, or high school to win Cooper Hurley Injury Lawyers' 2023 Vote for a School contest.

Vote now through Oct 17th!
voteforaschool.com

*Must be 18 years or older to vote

VOTE JAMES MONROE !!

The Cooper Hurley Vote For A School is still going strong!

Please vote for James Monroe to win \$10,000.

Deadline is 10/17.

Must be 18 or older to vote!

The holiday season will be here before we know it!

The 2023 Christmas Assistance Program-apply online at [BIT.LY/HRACCHRISTMAS](https://bit.ly/hracchristmas)

National Walk to School Day



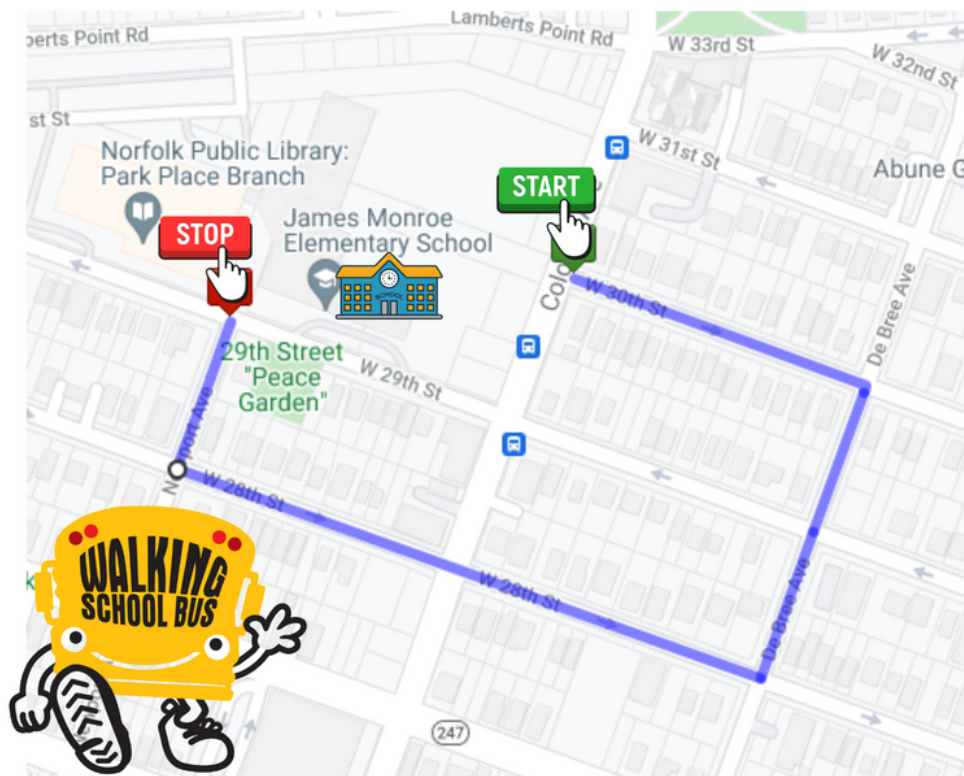
Join James Monroe's Walking School Bus!

When: October 4, 2023

Start Time: 8:30 am

Starting Location: Corner of Colonial Ave & W 30th St

Scholars and families are invited to walk the route below with staff at 8:30am and end at James Monroe at 9:00am.



Participating in Walk to School Day and hosting an event is a great way to encourage walking to school, teach safe pedestrian skills, reduce congestion at school arrival and dismissal, and kick off a Safe Routes to School program for the school year. Most importantly, it's fun for everyone!

DID YOU KNOW?

October is Anti Bullying Month

In October, all across the nation people are uniting in a campaign to keep all youth safe from bullying. JMES scholars will learn about **RESPECT** in guidance throughout the entire month.



Wednesday, October 18th
is Unity Day, a day to
wear the color orange to
show unity against
bullying.

Join us for our **UNITY
DAY** parade on
Friday, October 20th at
3pm.

Have questions or need support?

Please reach out to your scholar's
homeroom teacher on Class Dojo
Or

Counselor, Mr. Harris.
(757) 628- 3500
bharris@nps.k12.va.us

HATE HAS NO HOME at JMES!

IS IT BULLYING?

NOT NICE

When someone says or does
something **unintentionally** hurtful and
they only do it **once...**
That is **Not Nice**

MEAN

When someone says or does
something **intentionally** hurtful and
they do it **once...**
That is **Mean**

BULLYING

When someone says or does
something **intentionally** hurtful
and they **keep doing it**,
over a period of time,
even when you tell
them to stop or show
them that you are
upset...

That is **Bullying**



James Monroe Anti-Bullying

SPIRIT WEEK

& United Way Fundraiser

DAYS



MONDAY
OCT

16



Crazy Sock Day

Wear your coolest, craziest, silliest socks, and **SOCK IT** to bullying!!! Bring in pennies for United Way.

TUESDAY
OCT

17



Favorite Team Day

Let's work as a **TEAM** to support **ANTI-BULLYING!** Bring in nickels for United Way.

WEDNESDAY
OCT

18



UNITY DAY

Wear **ORANGE** for our Unity Parade to support **ANTI-BULLYING!** Bring in dimes for United Way.

THURSDAY
OCT

19

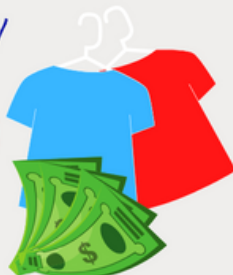


Superhero Day

Wear your favorite **Superhero** shirt to combat **BULLYING!** Bring in quarters for United Way.

FRIDAY
OCT

20



School Spirit Day

Come together and show off your **JMES PRIDE**. Wear school colors (red, white and blue) or your favorite **JMES Eagles** shirt. Bring in dollars for United Way.

Mark Your Calendars!

October 4th- Walk to School Day

October 9th- Early Release/Parent Teacher Conferences

October 16th-20th- Anti Bullying Week and Spirit Week

October 16th- 19th- 2nd Grade Camp Young Field Trip

October 18th- 5th Grade Elizabeth River Field Trip

October 20th- 5th Grade U. S. Navy STEM Day Field Trip

October 23rd-27th-Red Ribbon Spirit Week

October 27th- Fall Festivities (Character Day Parade/ Trunk or Treat)

October 30th- Teacher Workday/ No School for Scholars

November 7th- Teacher Workday/ No School for Scholars

November 16th- Holiday Lunch with Scholars

November 22nd-24th- Thanksgiving Break



A HUGE thank you to our very own, Coach Cox, and our community partners from Larchmont United Methodist Church and Grace Bible Church for all of the yummy food at Tailgating with Teachers!

Scholars are expected to wear their uniforms each day with closed toed sneakers to participate fully in all activities including PE and recess!



!!! REMINDERS !!!

Important Times:

Arrival starts at 9:00am daily

Dismissal starts at 3:55pm daily

Early dismissal will end at 3:30pm daily

Main office open from 8:30am - 4:30pm daily

Every learning moment matters, please be on time for the full day- every day.

TALON TIMES: HEALTH CORNER

5 WAYS

TO STAY HEALTHY AS THE SEASONS CHANGE

Seasonal changes can cause allergies, illness, and even depression. Follow these tips to stay healthy this year!



1 GET FRESH AIR



2 EAT SEASONAL FRUITS & VEGGIES



3 STAY HYDRATED



4 FIGHT GERMS



5 KEEP MOVING

WANTED!



TISSUES

Please send tissues to prepare for runny noses as the weather changes!
Thank you!